MIXES & KITCHEN GUIDES

Taco Seasoning

How to use the co-op's seasoning for a skillet of taco filling.

Makes 2 cups · Fills 8–10 tacos

Ingredients

1 lb ground beef

¼ cup taco seasoning mix

1 tsp salt

1 cup water

Directions

1. Brown the ground beef in a skillet and drain the fat.
2. Stir in seasoning, salt, and water. Simmer for 8–10 minutes, stirring occasionally.

Mix ingredients

Dehydrated onion, chili peppers, yellow corn flour, dehydrated garlic, paprika, cumin, tomato powder, cayenne, oregano, citric acid, and silicon dioxide (an anti-caking agent).