BREAKFAST

Steel Cut Oats

Butter-toasted oats finished with a splash of cream.

Ingredients

4 cups boiling water

1 tbsp butter

1 cup steel cut oats

Pinch of salt

¼ cup evaporated milk or half-and-half

Directions

1. Melt butter in a skillet. Add oats and toast for about 2 minutes, tossing occasionally.
2. Tip the oats into boiling water, add salt, and cook uncovered for 25 minutes, stirring occasionally.
3. Stir in evaporated milk or half-and-half and cook for 2 more minutes. Serve with your favorite topping.